! Strongest man nine months pregnant female weightlifting is still three weeks postpartum fitness tr
Posted by purpleX721 - 2014/04/19 21:57
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???????? still remember the nine and a half months pregnant woman still practicing weightlifting man do? Now she's with a group of three weeks postpartum fitness Training Pictures declare his official return.
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???????? the end of September last year, a pregnant Anna America more than nine months pregnant? weightlifting Alison took a group photo, people of her stomach and expressed concern about the safety of children .
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???????? then, the expected date of Alison's only two weeks away, so this 35-year-old mother was posted photo has since become the center of public opinion on the web. But Alison felt that she continued to exercise during pregnancy, which adults and children alike.
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???????? baby has been born four months, Alison re-posted a return own fitness Housing photos, once again become the world's netizens object of worship. Alison revealed that she would return to Fitness room in the postpartum weeks.

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